



STAR 3-5 REGISTRATION FORM 2025-2026



FHHSC AWARDED – SKATE ONTARIO STAR1-5 EXCELLENCE – EXCEEDED STANDARD

STAR 3-5 -- Skills, Tests, Achievement, and Recognition Program. Each level of this National program emphasizes key skills such as turns, stroking, jumps, spins, dance and synchronized skating. Sessions provide 50 minute on ice group lessons, 30 minute off-ice group weekend session and will highlight supervised instruction with smaller skater to coach ratio. Independent practice time is available in a PLUS package. (Note: Skater placement is at the discretion of the FHHSC Board)

Skater's Name _____ DOB _____ Gender M/F/X
Surname Given name Day/Month/Year
Address _____ Postal Code _____
Name Parent/ Guardian _____ Phone _____
E Mail Address _____ Skate Canada # _____

STAR 3-5

Season: Sept 6, 2025– March 29, 2026 (24 Weeks)

Saturday 8:00-8:50 am – Constantine Arena

Sunday 8:00-8:50 am – Constantine Arena

Monday 4:30-5:20 pm – Catarauqui Arena

(Check Days Selected)

☐ Full Program 3 Days (Monday, Saturday & Sunday)

☐ 2 Days ☐ Monday ☐ Saturday ☐ Sunday

☐ 1 Day ☐ Monday ☐ Saturday ☐ Sunday

STAR 3-5 PLUS (Check Days Selected)

☐ Saturday ☐ Sunday 7:10-8:00 am ☐ Thursday 4:30- 5:20 pm

Add to your package – 50 minutes individual session time

Skating Days are not transferable

Weekend sessions include 40 minute off-ice 9:00-9:40 am

Membership status: ☐ **Regular** – Serving or Retired Military ☐ **Ordinary** – DND Civilian Employees & RCMP ☐ **Associate** – No Affiliation

FEE STRUCTURE 2025-2026

+ HST

	Regular	Ordinary	Associate
3 days per week.	\$850.00	\$875.00	\$900.00
2 days – of choice	\$650.00	\$675.00	\$700.00
1 day – of choice	\$450.00	\$475.00	\$500.00
ADD on 1 day plus	\$200.00	\$200.00	\$200.00
ADD on 2 days plus	\$250.00	\$250.00	\$250.00
ADD on 3 days plus	\$300.00	\$300.00	\$300.00

- In consideration of the benefits to me the undersigned skater and his/her parents, I hereby agree to hold and save harmless the Fort Henry Heights Skating Club (FHHSC) and all Officers, Directors, Executive members, Committee members, Coaches, Chaperones, Employees and Agents of the club from any claims for injuries, damage or loss of any kind whatsoever caused, and the aforesaid jointly and separately are all hereby accordingly released by the undersigned from any and all such claims. The undersigned also agrees to abide by all rules in effect of the FHHSC and Skate Canada.
- FUNDRAISING REQUIREMENT:** There will be no mandatory Fundraising requirement this year; however, we do ask that families participate in our Fundraising initiatives throughout the season. Your continued support of the skating club and its programs will assist in an overall successful skating season for all.
- Regular Member Family Discounts are available for families with 3 or more registered skaters (must reside in same household) 10% discount on fees paid.
- REFUND POLICY:** Requests must be made in writing prior to the third week of skating lessons. Fees will be prorated. Requests for refund after this time will be at the discretion of the board. A medical note is mandatory for medical withdrawal. Skate Canada Fees, including registration, Safe Sport and Insurance coverage are non-refundable. Schedules and information are subject to change, FHHSC is not responsible for loss of ice due to events beyond our control.

Date _____

Signature of Parent or Guardian _____

Package Fees

HST

Skate Canada Membership

Safe Sport & Insurance Fee

Total Fees Paid

\$62.70